

P-Town Press

PERRIS HIGH SCHOOL

(951)657-2171

175 E. NUEVO RD.

PERRIS, CA

MAY 2020

VOLUME XVII. ISSUE I.

ON THE FARM DURING QUARANTINE

News Briefs.



Over the course of the COVID-19 imposed quarantine, many have dealt with fear, others with boredom; many have struggled with the uncertain economy, the unexpected loss of work, and have had to navigate unemployment. Some, as you'll read in other articles in this paper, have learned new skills, have explored their creative urges, or have been baking up a storm. But what about those who cannot simply dial back the daily requirements of work because they live with something which demands daily attention. We have one such individual in our midst. It is Assistant Principal Kristi Coulter. Not only does she rise to the demands of a school administrator, but she owns and operates a farm. Coulter shared that farming was her destiny since "coulter" is the head of a steel plow. The farm which is intertwined with her career in school administration is called Steel Head Farms.

Initially, they started their farm while living in a tract home off of Goetz and Ethanac. Jaylah had started them off with a 4-H project raising a chicken meat bird pen for the Indio Fair. Her daughter earned \$500 on that project which let her buy a lamb for the Southern California Fair. Soon, Coulter realized that their living arrangement wouldn't accommodate their lifestyle and she moved them to a house in Nuevo with .78 acres of land. However, they had outgrown that within a year or two. Another move to their current property gave them 4.5 acres. Now they have room to grow and thrive.

Coulter has been farming for

about four to five years. Her daughter, Jaylah, is the driving force behind the farm. It is really a gift to her so that she could ride her horse and have the animals she has always wanted. On this farm, she had a cow. Oh no, no cows; but there are three Quarter horses: Duke, Coulter's dun paint gelding, Romeo, her old bay gelding, and Moose, Jaylah's Palomino gelding. They also have an old Amish Halflinger pony named Leo. He did a pony party at a Kardashian house one time. Quarter horses are stocky and hardy. Coulter shared that she just loves their personalities.

They also have two pigs. They went to the Indio Fair and came home. One will go back to her owner to be a breeding sow. The other one will meet its fate and go on to bless two families' dinner tables. Coulter's insight with those critters is that pigs are funny animals, but get a bit pushy when they get older.

On to goats . . . a species that holds a special place in Coulter's heart. She raises and breeds dairy goats. At this time, she has seven goats: two Boer does, one Boer buck, two Oberhasli does, one Oberhasli buck, and a Boer wether. They also have four sheep: two ewes and two rams, which are Jaylah's show breeding stock. Currently, there are three lambs and six kids in residence at the farm. They bring joy to the farm and to Coulter's heart because she loves having the babies around! They are cute and bring special joy.

A chick chick here, a chick chick there. Yes, there are chicks and chickens at Steel Head Farms.

They have some white Leghorns, which are usually the kind of birds that lay the big white eggs in the grocery store. Also, some black Silver-Laced Wyandottes hens which lay brown eggs, as well as some Ameraucana crosses which lay green eggs. They have a "nice" Barred Rock rooster, too. His story is funny. He was given to them to be processed with some other chickens they raised for meat. On the day of processing, he ran like a bolt of lightning out of his crate and flew into the neighbor's yard. Later that day, he flew back into her yard and the Sampson would carry him around in his mouth and lick him. Coulter decided he was probably meant to stay and professes now that he is the kindest rooster around!

The birds do lay eggs, but neither the eggs nor birds can be sold right now because Riverside county (and others) are under quarantine - no, not for COVID-19; the quarantine is for Virulent Newcastle Disease (VND). VND is a highly contagious respiratory disease. Many people in Mead Valley and Nuevo have had birds killed in order to control the disease. Coulter is hoping that the quarantine lifts soon because she loves sharing the eggs that her chickens produce.

On this farm, they also have three livestock guardian dogs. Sampson, a male, and two females, Delilah and Shiloh, which were bred intentionally as a Great Pyrenees/ Anatolian Shepherd mix. These dogs protect her property from coyotes and unwanted visitors. For a different purpose, Coulter has Gracie Mae, a female long-haired mini dachshund. I don't know how it will work with a dachshund trying

to herd the livestock though.

In addition to the dogs, they have some barn cats too. The cats are a necessity on a farm; they have a very important job and that is to keep the rodent population down since there are containers of grain around (great rodent food) and Coulter is not willing to make the grain a sacrificial offering to Ninkilim (look that one up).

Eeeeee, I, Eeeeee, I, Oh!

Many farms lean to the agriculture side and grow produce. Currently, Steel Head Farms does not have any produce, although Coulter has about 1.5 acres that she is considering growing some hay in the future, but they are not there yet. Bottom line is that Coulter bought a farm that needed a lot of work. For now, she has spent her time working on other projects around the farm. The Coronavirus quarantine has given her a few more hours a day to get stuff done. Her farm used to be orange groves, so she would love to plant an orchard of orange trees in honor of that heritage and she also wants a vegetable garden with sunflowers in honor of her mom who passed away a couple years ago.

Coulter shared that a typical day on the farm isn't really "typical", since each day is different. The one constant is that she wakes up and has a couple of cups of coffee at her kitchen table while looking out her front screen door. Her horses don't like her taking a few moments for herself; they can hear her at the coffee pot and they whinny.

After that, she does the morning feedings. She spends anywhere from 30-60 minutes feeding, watering, checking animals for signs FARM, continued on p. 2
Below: Jaylah at 4-H Competition



Summer School.

Summer school will be online only. Counselors are currently working on getting students signed in, so registration is ongoing.

Session #1 - June 15-26

Session #2 - July 6-July 17

Plato Courses Offered: Plato

English, Plato Math, Plato History/Social Science, Plato Essentials
Summer School Hours: 7:30am-1:00pm (teachers will be available to support students during these hours through email, Google Hangouts, etc.). Teachers will be monitoring student progress on a daily basis to ensure students are logging in and completing work. Teachers will be making contact

CONSTRUCTION. Crews are working on the infrastructure - rerouting pipelines: water, gas, & fiber optics in preparation for the new buildings. Counselors and other personnel are clearing out their offices in the administration building, removing their belonging and office furniture because that is one of several building on campus which is slated for demolition, tentatively scheduled for July 1st. Demolition will include several other buildings which front Nuevo Road. The STEM building will remain intact. Once completed, construction on new buildings including a new administration building and a theatre will begin.

LUNCHES SERVED. Grab-n-go lunches are being distributed via Ruby Road in the bus zone. Monday and Wednesday 11-12:30.

The 2020 YEARBOOK will be a memorable book, possibly the only memorabilia available to seniors in the wake of the COVID 19 closures and cancellations. Delivery of the books has been delayed due to the COVID closure of the Visalia plant in March. All books, across the country, are being printed at a plant in Tennessee. It is anticipated that the books will arrive the first part of June. It will be announced. A video of the book has been posted on all PHS social media platforms.

2020 Graduation. Perris High is hosting a drive-through diploma pick-up event on June 3rd for the graduating class of 2020 from 9-11:30 a.m. Students will enter the Perris Blvd gate in one car - full of family, dressed in cap and gown, and will move up and down through the aisles of the student and staff parking lot. Check your school emails for further details.

End of Year. Watch your school email for important announcements regarding textbook returns and Chromebook returns.

with parents and students two times per week to communicate course progress toward completion. It is expected that students should be completing at least one course per summer school session; sessions last for two weeks.

Students in Special Education will have their information reviewed individually.

FARM, from page 1 of health, and moving animals to their pens for the day. Then, they start on a project. For example, they may spend some time cleaning goat/sheep pens, scraping horse stalls with the tractor, disking pastures, weeding, mowing, fixing fences, etc. Her big quarantine project is cleaning her barn/feed shed. Coulter bought a property that had a ton of stuff left on it when I bought it, in addition to needing a lot of work, so she and her daughter, Jaylah have been preparing piles for dump runs and moving things to proper places.

Before, when they weren't in quarantine, her daughter would have horseback riding lessons, 4-H activities, and/or rodeo queen events. They would be at horse shows, gymkhanas, rodeos, fairs, speech contests, and the like on most Saturdays. They have forged some really great friends doing all of this and have learned some really valuable lessons in the process.

Sounds like a lot of work, right? Despite that or perhaps because of it, Coulter shared that her favorite thing about the farm is the synergy of the animals. Reaching inside, she stated that there is a magical calmness with the animals as they co-exist. She loves feeding in the morning when the sun is rising.

Each animal greets you with grateful anticipation. Ok, maybe they are more excited about the grain, but Coulter would like to continue to pretend it is all about her. And we'll let her.

She also loves watching the 4-H and FFA kids work to show their animals. So much goes into raising an animal for the fair. She knows firsthand how much time, effort, and money goes into the preparation. When she watches kids showing, she gets a little weepy (unless she's watching her daughter and then she wants her to win, win, win!). Coulter especially loves watching kids show in master showmanship. That's where the kids have to show a dairy heifer, steer, goat, sheep, pig, and dairy goat. Each animal must be shown in an intricate and specific manner; the kids are working with animals they have never worked with, so it is particularly challenging. When the top kid wins the buckle, Coulter gets really, really excited, . . . and perhaps, weepy again.

Yes, there is a downside as well and not just the investment of time, money, and hard work. Coulter wistfully continued, "The blessing and curse of agriculture is you are given stewardship over the animals. There are days when you are so tired, but you still have to tend to

the animals because their livelihood depends on you. Additionally, animals get sick and some die. You can do everything "right" and animals still get sick. I feel very, very guilty and sad when one of my animals gets sick. I always reflect on if there was something I could have done. Ultimately, being in agriculture is an act of my faith. I know that God giveth and God taketh. These are His animals and he has given them to me. That keeps me humble!"

On a positive note, there are innumerable high notes to farming. There are so many... Coulter has loved watching her daughter win masters and earn her first belt buckle. She cried watching her win her first rodeo queen title. She was "super proud" when she watched Jaylah pull her first lamb from the ewe who decided . . . it was time to lamb in the middle of the night. Coulter loves going to fairs because fairs create lifelong memories and friendships. She loves watching her daughter throw the old stick shift Kabota tractor into gear and go prepare her arena to work the horses.

Coulter included, "One of the greatest things about this life is it creates a connection with some Perris High students that I wouldn't normally have. It is the student who comments on my Twisted Xs as I

walk across campus and I comment on his Cinch jacket. It is the boys noticing the belt buckle under my long shirt. It is the conversations about dancing Andalusians at lunch. It is learning the difference between Mexican and American reining/rodeo and seeing the beauty in both. It is the custodian talking to me about the bales of hay he just threw on his dad's property because the bed of my truck is full of hay. As I get deeper and deeper into it, the more I absolutely love the people in it."

For those who have been dissuaded from having a farm in their future, Coulter advises that you have to lose two things— your need for control and perfection. There is no such thing as control or perfection when you are dealing with agriculture and livestock. But, the rewards are endless. The old gelding who nestles his head into your chest for snuggles as you grab the grain bucket. The gelding who will put his head over your shoulder and pull you into his chest for a hug as you stand in line to tack up. The goat that jumps up on the gate every morning wanting her morning scratches. The Boer wether that loves to hang out with the pony as his companion in the 12x12 welded wire pen under the barn when it rains; otherwise, the old pony will stand out in the rain and catch his death. The daily game with a ram who runs at you to ram you until you throw his flake of hay over his head so you can enter the sheep pen safely.

You have to take the blessings and the heartache together. They are not separate. That's what makes this life "brutaliful," which is brutal and beautiful at the same time.

All of this is possible. A life on the farm and a very full time job as a high school assistant principal. How is it possible? Coulter stated, "It is really about time management. When I am at work, I am at work. When I am at home, it is AG time. We do a lot of work at night or on the weekends. I will get home at 6 or 6:30, do some work, and make dinner. Sometimes, I am out mucking out stalls at 8 pm under the stars. I will tell

you that most nights I fall into bed absolutely exhausted because I have been working almost every moment of the day since 4:45 a.m. My daughter goes to public school and has learned that sometimes she has to wake up at 4:00 a.m. to get her animal and the trailer ready. I have pictures of her old show mare standing at the wash rack at 5 a.m. as my daughter is scrubbing her dusty legs white in preparation for the horse show that day or clipping her show breeder doe up on the stand in the patio light at 4:45 a.m. I rely a lot on my daughter, my best friend, and my nanny. They are the ones who will meet vets or will help me do something because I am at work. It is truly a team effort."

It takes a team to make this dream work. Looking forward, Coulter and her daughter continue to dream and make plans accordingly to realize those dreams. For Coulter, the farm is really a place to give Jaylah an opportunity to live out her livestock showing dreams. She knows that her daughter wants to get a steer and maybe a dairy replacement heifer. Jaylah dreams of going to and showing in a national livestock show. She loves being a rodeo queen and wants to continue after this title. She loves her reining lessons and the next step may include getting into showing, which is quite expensive.

Jaylah will be a freshman next year and entering FFA. Coulter knows that the farm, as well as the feed bill, will be at capacity while she is in high school. Her daughter wants to go on to attend a top AG college in California and become an AG teacher. Coulter strongly believes that all of these experiences will impact the next generation of agriculturalists and that is why she is so willing to make the sacrifices and work this hard.

Coulter is a dedicated mom, working hard for her daughter. While helping her daughter to achieve her dreams, Coulter has built a very fulfilling and rewarding life. The farm has imprinted itself forever upon their hearts.

It is home.

SENIOR SOFTBALL GIRLS RECOGNIZED



Jeff Pena, Varsity Softball Coach, has had many challenges this season. He was out after surgery which laid him up for several weeks. Then, just before he was to return, school closed and shortly after, the season was canceled. But he doesn't know the meaning of the word quit. The quarantine didn't stop him from recognizing his senior softball athletes. Pena stated that this was an awesome senior class who understood hard work, dedication, and had a great team attitude. He believes that the season was going to be their best one since he's been coaching. They will truly be missed.



Quarantine Time Inspiration

by Leney Gonzalez

Covid-19, also known as CoronaVirus, has had a huge impact on the way people live their lives. For example, most of the United States is in quarantine, meaning people have been needing to get creative in order to pass the time. Take me for example. I am a senior here at Perris High and ever since the start of quarantine I was beginning to feel a lot of emotions which needed to be let out in some way. So, I found a way to let it all out through art. After watching a video about Jim Carrey's paintings I got inspired to pick up a paint brush. I found out it was a great way to release everything I was feeling in a way only I could understand and I became hooked. After running out of canvases, I began to paint on whatever I could find including shoes, backpacks, and even my roller skates. Although this hobby started because of quarantine, I hope my creative drive can outlive this isolation.

Alexander Cruz, senior, was in the same boat I was in. His

choice of a way to pass the time was through music. More specifically the acoustic guitar. His main inspiration was his favorite rocker, none other than Kurt Cobain, the guitarist and frontman of the rock band Nirvana. Cruz told me, "The easiest step is learning how to strum smoothly, but the hardest step is to hold and memorize the chords properly." He has been listening to his favorite bands in order to keep himself motivated. Quarantine has been long and hard, but he continues to stay dedicated and is determined to get better. "I found a guitar in my garage and instantly felt the urge to strum it. My goal is to master the acoustic guitar as I gather enough money to buy myself an electric guitar," shared Cruz.

Another person having the quarantine blues is Brionna Davis, senior. When her brother's birthday came up during quarantine, she wanted to do something special for him. So, she rolled up her sleeves and baked him a

birthday cake. After seeing the joy it brought her brother, she was inspired to learn new things to bake. She asked for family recipes, looked some up on the Internet, and even improvised a few of her own. She claims that her family loves all the sweets she has made for them. "I've learned to make powdered sugar, cookies, and donuts. I like how much I have improved and hope to get even better," enthused Davis.

As you can see, although quarantine has been a hard thing to deal with, it is also a great opportunity to try something new and this does not only apply to students. Debbie Georgianna, English teacher, decided to try her hand at needle felting. Her goal is to be able to create 3D critters. See . . . even teachers are inspired to be creative.

So, if you don't know what to do with your free time, pick something up. Whether it's a paint brush, a guitar, a whisk, or even a needle. Anything is worth trying, and who knows. Maybe you will find a passion you didn't know you had.



Photos: (Left Top) Coulter & Jaylah at 4H Goat Competition; (Left Bottom) Jaylah at 4H Sheep Competition; (Top to Bottom) Coulter unloading hay; Coulter's Great Pyrenees; Coulter, in the middle, astride her horse; Jaylah on the farm, formal Rodeo Queen photo.



The Senior Wall. A new addition to the PHS landscaping this year was the colorfully painted wall dubbed "The Senior Wall". Sadly, this will be one of the structures on campus which will come tumbling down when the demolition begins on campus in July. Senior Adviser Angie Osuna, ASB Instructor, Joe Rodriguez, and ASB Accountant Lori Hays had some fun with the wall and captured their own memories with "The Wall" in its last days standing.



Recipes for Yummy Homemade Baked Goods

by Maddie Rojas

During the quarantine, it's important to stay inside your homes to prevent the spread of COVID-19. One thing that people can do to be productive at home is to develop new skills. One skill that many individuals have taken up is baking, something which can be enjoyed by the entire family. Siblings can work together to make some very delicious dishes; it's a great way to bond with each other while being stuck at home together.

I was not a very good baker before this quarantine, but that has actually

changed from trial and error. There are many different recipes online and in cook book - the possibilities endless.

One very popular recipe is banana bread. All you need are:

- three ripe bananas,
- two cups of all-purpose flour,
- three-fourth cups of brown sugar,
- one teaspoon of baking soda, one-fourth teaspoon of salt,
- one-half cup of butter,
- and two eggs, beaten.

First, you have to preheat your oven

to 350 degree. Next, you can mix all of your ingredients in a large mixing bowl and make sure that

Another very popular baked goods item that has been going around the Internet is churros. It became even more popular after Disney released their famous churros recipe, a delicious snack that is found in their parks all around the world and that you can now make at home.

Kimberly Flores, junior, describes her culinary journey that she has embarked on for her family to enjoy.

"I was scrolling through social media and came across someone making churros using the Disney recipe. I decided to give it a try and was very happy with the results and my family enjoyed them very much."

Churros, Disney-style:
Ingredients

CHURROS, from page 3

- 1 cup water
- 8 tablespoons butter

Churros, continued on page 4

Making the Most of Q Time

by Stephanie Alvarado, Eleni Barragan, Chris Conde Carbajal, & Kat Thap

Since the COVID-19 virus arrived in Southern California, everyone except essential workers has been in quarantine. Staying at home, as well as social distancing, keeping at least six feet distance from people, when out of the home for essential trips such as going to the store or to the doctor, is bringing us a step closer to flattening the curve. Staying home may be boring, but many people have set out to develop skills and hobbies they already have or to learn something new. It is difficult to transition to the new quarantine instructions, but during this open free time, students have the opportunity to try out new things and to develop existing skills as they take advantage of this time.

It is important for students to occupy their time in order to cope with pandemic issues, including the overwhelming announcements on the news that can be impacting and stressful to many. Many students have focused on their mental health rather than their education; they have to get a handle on their health first.

Chanelle Murillo, senior, said, "I do a lot of things like spending time with family doing homework, exercising, practicing my instrument, talking to friends, spending time with my pets, and doing a lot of different activities. Quarantine has really affected me; I have to look out for my family members to make sure they are healthy and I spend as much time with them as possible during this time."

Another way in which people have kept themselves occupied is through physical activities; working out is one of them. Exercising is known to be a stress reliever and this pandemic has definitely brought stress and anxiety along with it. Working out is a way people get their minds cleared, or use it to improve themselves as a person. Although places like gyms have been closed, that doesn't stop some people from continuing their workout routine.

Michael Machado, senior, says he does Japanese morning radio exercises. "I sure do miss working out at the gym and school, but I recently found this routine about a month ago. I started to find it

not only healthy, but somehow peaceful at the same time. I do this routine every morning I wake up for breakfast. Every routine always consists of different exercises every morning. I do not use any special equipment, except for a floor mat."

Melanie Hernandez, junior, shared, "During quarantine, I keep busy by working out and focusing on my mental health. I'm trying to ignore the stress this pandemic has brought and utilizing this time to try to become a better version of myself. As a student, I find it stressful to keep track of all the work given and how to manage all of it in a timely manner. For the people struggling, I recommend staying safe at home, tuning out the stress with music, staying connected with friends and using this time to do the things that you love."

Abraham Almaraz, senior, said, "One of the pastimes that I've continued is running and exercising; it helps to sweat the time off and keep me focused on a bigger goal as well for myself. It's helped me to continue to be who I am which I think is great at the moment. I recommend finding an exercise routine or hobby because out of all the things we can not control right now, I feel like having something that you can control would really put people's minds at ease."

There are numerous hobbies to keep a person occupied. Expressing creativity in a variety of forms is quite popular. Verissa Salcedo, senior, mentioned, "I really got into painting in my backyard. It makes me forget that we are in quarantine and gives me a sense of freedom; using art, finding something that relaxes your mind during these times has been a big stress reliever."

Many students have engaged in multiple ways to entertain themselves at home and Sarah Rivera, junior, responded, "I entertain myself by painting, watching anime, spending time with my family and playing with my dog". Most students even spend time playing games which is a good thing. By playing games they can play online with their friends some examples are Minecraft, Roblox, Animal crossing and even the classic game

until combined. Set aside. Using caution, heat oil in medium skillet or 1-quart saucepan over medium-high heat or until temperature reaches 350°. Spoon dough into piping bag fitted with large star tip. Pipe 1-inch strip of dough over saucepan, cut with knife, and drop into hot oil. Repeat until churro bites fill saucepan with room to fry. Fry churro bites until golden brown. Remove with slotted spoon or mesh spider strainer. Drain churro bites on paper towel.

Mix sugar and ½ teaspoon cinnamon in medium bowl. Toss in churro bites until coated. Place on serving plate and serve with favorite dipping sauce.

Happy Baking!



¼ teaspoon salt
¾ teaspoon ground cinnamon, divided
1 ¼ cups all-purpose flour
3 eggs
1 ½ cups vegetable or canola oil
½ cup sugar

Instructions

Combine water, butter, salt, and ¼ teaspoon cinnamon in 1 ½-quart saucepan over medium heat. Bring pot to rolling boil. Reduce heat to low. Add flour and stir vigorously until mix forms a ball. Remove from heat and let rest for 5-7 min. Add eggs, one at a time, and stir

UNO.

Joseph Bello, senior, tells us that "how I entertain myself is by exploring new hobbies, learning basic cooking, such as eggs, rice, meat; I also exercise and get to know my family.

Then there are those who have an interest in learning something new like developing new skills and practicing those new skills learned throughout the free time we have while in quarantine. Bryan Valparaiso, junior, told us that he's interested in learning how to drive. He stated, "During quarantine, I have been learning how to drive with my dad. Learning how to drive has been pretty easy, but at the same time a bit scary since I am new to it. I plan to learn how to drive by the time we get back to school."

If these don't sound like options you want to try, just jump onto the Internet and explore for yourself. You can enjoy the quiet as well. Taking time to breathe and reflect helps to provide a healthy balance for your new routine. Try setting a schedule for yourself and keep regular hours. Make sure that you get enough sleep. Be consistent and take care of yourself. More and more, this period of time in our shared history has become a time for reflection and growth.

Make the most of it.

Through My Eyes . . .

Editorial by Eleni Barragan, Newspaper Editor in Chief

A Serious Case of COVID-19.

COVID-19 has taken over the year 2020. There was no telling this unfortunate event was going to occur, little did the staff at Perris High know that they would have to mentally prepare for distance learning and cancel student events, leaving students devastated. With Perris High students not having to consistently go to school and run their productive schedule, students have to take action by staying at home in order to not risk the health of the Perris community. But something that has not been discussed and stressed enough is spreading awareness of the anxiety that has occurred in our community and the lack of social contact that occurs. According to statistics, there has been a nineteen percent increase in anxiety in communities and hospitals as the virus has overtaken each individual hospital from the result of this pandemic.

With the increased lack of social contact, students are not able to talk face to face to friends since schools have officially ended the 2019-2020 school year. This results in students feeling a loss of hope and a lack of motivation to do their

distance learning work. Federal agencies have proven that this year has seen an increase in: depression, anxiety, substance abuse, stress, and suicide. This has been due to, in large part, the impact of students transitioning to distance learning, local businesses closing, and local Perris residents losing their jobs. Speaking for myself, I have personally felt lost of hope and consistently tell myself to keep my head up. Even though this pandemic has brought lost hope, students should reflect on the time they were able to have before the pandemic.

Although there has been a negative impact from the pandemic, there have also been blessings; students and staff have been able to spend more time with their families, focus on their main goals, and reflect about life by not taking everything for granted and enjoying the gifts of the present. Statistics have shown communities have come together more during this pandemic, trying to find activities to occupy their time during quarantine. It's important for students and staff at Perris High to keep in mind that this is not permanent and to enjoy the moment.

I was devastated to hear the news of every event being canceled, but fortunately, I will be able to stay home safe with my family and make sure to communicate with friends about how they are doing.

During this pandemic, it has resulted in students and staff alike, taking action to help those in need of support during these times. Counselors have been reaching out towards students via email to show them that they are not alone. For those who are seeking help or who are having suicidal thoughts, call 1-800-273-8255. It is important to keep your mental health a priority during these hard times because of the amount of negativity the news has shared.

News from various states across America show inventive ways to honor seniors such as a drive by celebration and drive thru graduation. Acts of kindness by the Perris High School staff have brought smiles to the Perris community; especially when they hand delivered signs to seniors to celebrate their successes and enlightenment during the pandemic. As a senior, when I received a sign by the Perris High staff, it was enlightening and comforting to see how much the staff had gone out of their way to find time to truly show how much they care about the Class of 2020.

Every act of kindness relieves the anxiety and fear during this pandemic and to stay together as a community to get through these times. Together, we will get through this. I will see you on the other side.



Editorial Staff.

Editor in Chief: Eleni Barragan
Reporters: Stephanie Alvarado, Chris Conde Carbajal, Maddie Rojas, & Kat Thap.
Adviser: Debbie Georgianna

P-Town Press is a student generated publication. Articles reflect the opinion of individual writers and not the P-Town Press staff, its adviser, the PHS faculty, administration, or student body. P-Town Press reserves the right to edit any letters or articles used for publication.

2020 YEARBOOK

Through Our Eyes
El Perrisito, The Legacy
Volume 103

\$85

<http://jostensyearbooks.com/?REF=A00743600>